The Crucifix

I know of no one yet
Who's travelled back in time
Nor into the future
Except within one's mind

It holds me full in thrall In the present, in the now Within its circling wall

Oh, yes, I can recall the past **Envision coming things** Can I go there? No, I can't! I do not have the wings To fly beyond the holds and bars Of the here and now This very moment's all I have And so I know somehow Today's my only constant My solitary touch, My tie into the universe My sole, sustaining crutch To lean on in my walk through life Day by day by day Of dimlit dawns and setting suns Of my lifelong way

My mind can take me back afar
Even history's dawn
To learn and study what I may
And dream of times to come
But today, this moment,
Is all that's really mine
For I am but a prisoner
On the crucifix of time